

2021 MSHSL Section 5AA Championships - 6/9/2021 to 6/12/2021
Mounds View HS

Women - Team Rankings - 18 Events Scored

1) St. Michael-Albertville	153.75	2) Spring Lk Pk/St. Anthony	124
3) Champlin Park	79.75	4) Anoka	78.50
5) Mounds View	77.75	6) Maple Grove	76
7) Park Center	54	8) Osseo	48
9) Totino-Grace	47	9) Blaine	47
11) Centennial	40.50	12) Coon Rapids	37
13) Irondale	34	14) Rogers	10.75
15) Fridley	3		

Girls 100 Meter Dash

9 Advance: Top 1 Each Heat plus Next 4 Best Times
Meet: M 11.78 5/31/2017 Anna Keefer, St Michael A
12.46 QUAL

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Aaliyah Heine	12	St. Michael-Albe	12.51	12.33QQUAL	NWI	2
2 Emily Anderson	11	Centennial	12.34	12.74Q	NWI	1
3 Ituko Etuko	9	Totino-Grace	12.98	13.03Q	NWI	4
4 Olivia Peal	10	St. Michael-Albe	13.02	13.06Q	NWI	5
5 Shadaizhalynn Chatman	11	Park Center	12.74	13.51Q	NWI	3
6 Mary Keleekai	11	Anoka	13.04	13.07q	NWI	5
7 Mikayla De Souza	10	Coon Rapids	13.05	13.12q	NWI	4
8 Desiree Loyd	10	Blaine	13.19	13.22q	NWI	1
9 Jennifer Heilman	9	Rogers	13.19	13.35q	NWI	2
10 Thia Olson-Skog	8	Mounds View	13.54	13.39	NWI	2
11 Danielle Urey	10	Anoka	13.35	13.40	NWI	2
12 Raina Simat	9	St. Michael-Albe	13.30	13.43	NWI	1
13 Ella Williams	10	Maple Grove	13.49	13.44	NWI	5
14 Elange Seibure	11	Anoka	13.14	13.52	NWI	3
15 Madeline Raymond	10	Maple Grove	13.84	13.53	NWI	4
16 Anuva Borgaonkar	10	Mounds View	13.38	13.59	NWI	4
17 Michelle Musa	10	Blaine	13.77	13.66	NWI	4
18 Ellyana Prairie	8	Spring Lk Pk/St.	13.46	13.70	NWI	5 13.699
19 Mackenzie Peterson	12	Champlin Park	13.50	13.70	NWI	4 13.700
20 Baridilo Natere	12	Irondale	13.73	13.77	NWI	2 13.764
20 Brianna Sullivan	11	Maple Grove	13.74	13.77	NWI	3 13.764
22 Arlena Newman	11	Park Center	13.93	13.81	NWI	1
23 Nevaeh Coffer	9	Spring Lk Pk/St.	13.60	13.87	NWI	1
24 Emilia Lauinger	9	Centennial	14.02	13.91	NWI	5
25 Joy Olowo	10	Rogers	13.37	13.94	NWI	3 13.932
26 Sarah Rud	9	Blaine	13.97	13.94	NWI	3 13.936
27 Grace Baker	9	Champlin Park	13.83	13.98	NWI	5 13.973
28 Sydney Reining	9	Rogers	13.86	13.98	NWI	1 13.980
29 Nevaeh Page	11	Osseo	14.64	14.04	NWI	1
30 Hailey Helvig	11	Centennial	13.95	14.06	NWI	2
31 Leah Dengerud	11	Totino-Grace	13.71	14.12	NWI	1
32 Sophie Christiansen	11	Mounds View	13.85	14.18	NWI	3
33 Yassin Bah	10	Osseo	14.14	14.19	NWI	5
34 Tiana Loyd	9	Park Center	14.19	14.21	NWI	4
35 Melissa Torres	9	Columbia Heights	13.85	14.25	NWI	5
36 Nyomi Charleston	12	Champlin Park	14.30	14.51	NWI	3
37 Mary Strong	10	Totino-Grace	14.64	14.69	NWI	2
38 Nia Randle-James	11	Irondale	14.74	14.83	NWI	1
39 Xenya Mix	12	Irondale	15.36	15.63	NWI	5
-- Aleah Wylie	10	Osseo	13.98	DQ	NWI	4
-- Lucy Nguyen	10	Coon Rapids	13.90	SCR	NWI	2

Girls 100 Meter Dash

Meet: M 11.78 5/31/2017 Anna Keefer, St Michael A
12.46 QUAL

Name	Year	School	Prelims	Finals	Wind	Points
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Finals

1	Aaliyah Heine	12	St. Michael-Albe	12.33	12.08	QUAL	1.7	12
2	Emily Anderson	11	Centennial	12.74	12.19	QUAL	1.7	10
3	Olivia Peal	10	St. Michael-Albe	13.06	12.78		1.7	8
4	Ituko Etuko	9	Totino-Grace	13.03	12.82		1.7	6
5	Mikayla De Souza	10	Coon Rapids	13.12	12.87		1.7	5
6	Desiree Loyd	10	Blaine	13.22	12.96		1.7	4
7	Mary Keleekai	11	Anoka	13.07	12.96		1.7	3
8	Shadaizhalynn Chat	11	Park Center	13.51	12.99		1.7	2
9	Jennifer Heilman	9	Rogers	13.35	13.22		1.7	1

Girls 200 Meter Dash

9 Advance: Top 1 Each Heat plus Next 4 Best Times
 Meet: M 24.20 2010 Sasha Davis, Park Center
 25.28 QUAL

Name	Year	School	Seed	Prelims	Wind	H#
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Preliminaries

1	Aaliyah Heine	12	St. Michael-Albe	26.02	25.46Q	NWI	3	
2	Jordyn Borsch	10	Maple Grove	25.87	25.92Q	NWI	2	25.916
3	Laubenra Ben	11	Park Center	25.40	25.92Q	NWI	1	25.920
4	Emily Anderson	11	Centennial	26.34	26.38Q	NWI	4	
5	Kylie Stromquist	12	Mounds View	26.60	27.37Q	NWI	5	
6	Ito Etuko	9	Totino-Grace	26.81	26.62q	NWI	3	
7	Elange Seibure	11	Anoka	26.74	26.80q	NWI	4	
8	Mikayla De Souza	10	Coon Rapids	28.04	27.22q	NWI	2	
9	Hannah Horton	10	Champlin Park	27.37	27.32q	NWI	2	27.312
10	Hannah Kvant	10	St. Michael-Albe	27.07	27.32	NWI	1	27.318
11	Katlyn Byhre	12	Rogers	27.05	27.34	NWI	2	
12	Jacqueline Bergeron	9	St. Michael-Albe	27.92	27.41	NWI	2	
13	Marissa Wentland	10	Maple Grove	27.38	27.49	NWI	3	
14	Allison Hookom	11	Anoka	26.64	27.60	NWI	5	
15	Royanna Whicker	11	Champlin Park	27.13	27.67	NWI	1	
16	Camille Tran	10	Mounds View	27.48	27.81	NWI	4	27.803
17	Averi Wiege	10	Blaine	27.97	27.81	NWI	3	27.810
18	Laubental Ben	9	Park Center	27.61	28.01	NWI	5	
19	Keiarre Walker	8	Rogers	28.48	28.04	NWI	3	
20	Addison Stephani	11	Spring Lk Pk/St.	27.95	28.08	NWI	1	
21	Kari Bork	10	Champlin Park	28.06	28.27	NWI	3	
22	Brianna Sullivan	11	Maple Grove	27.81	28.29	NWI	1	
23	Danielle Saydee	10	Osseo	27.62	28.39	NWI	5	
24	Lyric Richardson-Smith	7	Irondale	28.14	28.42	NWI	4	
25	Jennifer Heilman	9	Rogers	27.70	28.50	NWI	4	
26	Rory Ruotsinoja	11	Coon Rapids	28.36	28.64	NWI	5	
27	Belinda Griffth	11	Coon Rapids	28.67	28.67	NWI	1	
28	Ellen Wareham	12	Totino-Grace	28.72	28.76	NWI	2	
29	Angelina Gonzalez	10	Columbia Heights	28.54	29.01	NWI	4	
30	Jordyn Svihel	10	Totino-Grace	28.73	29.17	NWI	4	29.162
31	Anuva Borgaonkar	10	Mounds View	28.48	29.17	NWI	2	29.167
32	Brianna Kiriago	11	Spring Lk Pk/St.	29.74	29.31	NWI	3	
33	Aspen Gray	9	Centennial	30.46	29.46	NWI	1	
34	Claire Zandstra	9	Centennial	28.14	29.59	NWI	5	
35	Blessing Gaye	8	Osseo	30.74	29.68	NWI	2	
36	Anja Erickson	8	Spring Lk Pk/St.	31.54	29.93	NWI	4	
37	Madisyn Lauwagie	10	Blaine	29.77	30.00	NWI	2	
38	Sandra Yang	11	Blaine	29.69	30.05	NWI	5	
39	Melissa Torres	9	Columbia Heights	30.18	30.35	NWI	1	
--	Anne Supina	9	Irondale	31.16	SCR	NWI	3	
--	Seriya Taylor	10	Park Center	29.39	SCR	NWI	4	
--	Aleah Wylie	10	Osseo	29.14	SCR	NWI	3	
--	Olivia Warbler	10	Columbia Heights	29.45	SCR	NWI	5	

Girls 200 Meter Dash

Meet: M 24.20 2010 Sasha Davis, Park Center
 25.28 QUAL

Name	Year	School	Prelims	Finals	Wind	Points
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Finals

1	Laubenra Ben	11 Park Center	25.92	25.09	QUAL	2.6	12
2	Aaliyah Heine	12 St. Michael-Albe	25.46	25.35		2.6	10
3	Emily Anderson	11 Centennial	26.38	25.97		2.6	8
4	Jordyn Borsch	10 Maple Grove	25.92	26.15		2.6	6
5	Itoro Etuko	9 Totino-Grace	26.62	26.39		2.6	5
6	Elange Seibure	11 Anoka	26.80	26.66		2.6	4
7	Kylie Stromquist	12 Mounds View	27.37	26.72		2.6	3
8	Mikayla De Souza	10 Coon Rapids	27.22	26.89		2.6	2
9	Hannah Horton	10 Champlin Park	27.32	27.81		2.6	1

Girls 400 Meter Dash

9 Advance: Top 1 Each Heat plus Next 4 Best Times
 Meet: M 56.07 1998 Deborah Cordner, St. Louis Park
 57.60 QUAL

Name	Year School	Seed	Prelims	H#	
Preliminaries					
1	Jordyn Borsch	10 Maple Grove	58.75	57.26QUAL	2
2	Laubenra Ben	11 Park Center	57.96	59.33Q	1
3	Allison Hookom	11 Anoka	59.46	1:00.13Q	3
4	Emma Windingland	10 St. Michael-Albe	1:01.13	1:00.43Q	4
5	Eryn Eppinga	9 Anoka	1:01.14	1:02.17Q	5
6	Keely McSherry	11 Totino-Grace	1:03.64	1:01.13q	1
7	Mercy Zelee	12 Osseo	1:03.54	1:02.60q	2
8	Katlyn Byhre	12 Rogers	1:02.07	1:02.87q	5
9	Adelyn Kennedy	9 St. Michael-Albe	1:03.66	1:03.28q	1
10	Anna Couwenhoven	11 Blaine	1:04.19	1:03.46	4
11	Rory Ruotsinoja	11 Coon Rapids	1:04.87	1:04.00	4
12	Ella Frieling	10 Blaine	1:06.93	1:04.15	2
13	Allison Stacy	9 Maple Grove	1:05.88	1:04.17	1
14	Keagan Burke	9 St. Michael-Albe	1:03.90	1:04.20	2
15	Katja Wallin	8 Mounds View	1:04.29	1:04.27	5
16	Addison Van Zee	9 Centennial	1:03.48	1:04.96	3
17	Emily Ellingson	10 Irondale	1:04.80	1:05.18	5
18	Tollie Jackson	10 Mounds View	1:06.24	1:05.35	4
19	Molly Vance	10 Totino-Grace	1:05.30	1:05.36	3
20	Muriel Sorensen	8 Mounds View	1:04.13	1:05.55	3
21	Aleeyah Graves	7 Rogers	1:05.62	1:05.96	1
22	Carissa Brue	9 Champlin Park	1:07.54	1:06.36	1
23	Stevie Harris	7 Osseo	1:06.25	1:06.45	5
24	Kailey Perreault	11 Blaine	1:07.54	1:06.51	1
25	Claire Zandstra	9 Centennial	1:05.24	1:06.63	2
26	Brianna Kiriago	11 Spring Lk Pk/St.	1:06.25	1:06.74	5
27	Lauren Lee	11 Maple Grove	1:06.88	1:07.83	3
28	Laila Totushek	8 Spring Lk Pk/St.	1:08.05	1:07.94	2
29	Linnea Cary	9 Spring Lk Pk/St.	1:06.44	1:07.96	3
30	Amelia Resendiz - Olson	11 Centennial	1:06.24	1:08.09	4
31	Olivia Warbler	10 Columbia Heights	1:08.47	1:11.21	3
32	Audrey McNeil	8 Osseo	1:11.52	1:11.40	3
33	Logan Brent	9 Anoka	1:11.74	1:11.70	1
34	Jackie Hove	11 Totino-Grace	1:11.01	1:12.95	4
--	Aaliyah Dumoulin	11 Columbia Heights	1:02.99	DQ	4
--	Brianna Miller	11 Park Center	1:14.46	SCR	2
--	Megan Prussman	12 Champlin Park	1:09.92	SCR	5
--	Brianna Villanti	10 Rogers	1:05.97	SCR	2
--	Ava Pool	10 Park Center	1:10.00	SCR	5

Girls 400 Meter Dash

Meet: M 56.07 1998 Deborah Cordner, St. Louis Park
 57.60 QUAL

Name	Year School	Prelims	Finals	Points	
Finals					
1	Laubenra Ben	11 Park Center	59.33	58.21	12
2	Jordyn Borsch	10 Maple Grove	57.26	58.48	10
3	Allison Hookom	11 Anoka	1:00.13	1:00.68	8
4	Emma Windingland	10 St. Michael-Albe	1:00.43	1:00.98	6
5	Mercy Zelee	12 Osseo	1:02.60	1:03.16	5

6 Keely McSherry	11 Totino-Grace	1:01.13	1:03.35	4
7 Eryn Eppinga	9 Anoka	1:02.17	1:03.40	3
8 Adelyn Kennedy	9 St. Michael-Albe	1:03.28	1:05.63	2
-- Katlyn Byhre	12 Rogers	1:02.87	SCR	

Girls 800 Meter Run

12 Advance: Top 3 Each Heat plus Next 3 Best Times
 Meet: M 2:14.51 6/1/2012 Maddi Sjelin, St. Michael-
 2:14.88 QUAL

Name	Year School	Seed	Prelims	H#
Preliminaries				
1 Emilie Meyer	12 Totino-Grace	2:18.08	2:22.54Q	1
2 Shalom Sulungaine	10 Blaine	2:26.24	2:25.50Q	2
3 Alexa Davis	11 Osseo	2:24.16	2:26.79Q	3
4 Abigail Oakland	8 Maple Grove	2:24.30	2:27.09Q	3
5 Lauren Kath	9 Mounds View	2:23.58	2:27.31Q	2
6 Eva Barsness	11 Mounds View	2:27.34	2:28.23Q	1
7 Lily Chabica	11 Maple Grove	2:32.60	2:29.99Q	1
8 Kalli Smith	12 Maple Grove	2:30.55	2:30.75Q	3
9 Ella Herbert	11 Mounds View	2:29.87	2:31.41Q	2
10 Rebecca Immer	10 St. Michael-Albe	2:30.53	2:31.34q	3
11 Emma Windingland	10 St. Michael-Albe	2:28.80	2:31.52q	1
12 Abigail Namukwaya	9 Anoka	2:42.92	2:33.85q	1
13 Devon Torgerson	9 Park Center	2:39.31	2:35.19	1
14 Natalie Zielsdorf	11 Spring Lk Pk/St.	2:32.24	2:35.48	2
15 Alicia Blesi	10 Anoka	2:37.24	2:36.14	3
16 Signe Johnson	11 Spring Lk Pk/St.	2:39.24	2:36.83	2
17 Anna Cargill	11 Rogers	2:32.38	2:36.85	1
18 Hannah Hookom	10 Anoka	2:42.70	2:37.15	1
19 Erin Pipp	9 St. Michael-Albe	2:39.07	2:38.24	3
20 Emma Magnuson	10 Centennial	2:34.52	2:38.69	2
21 Maria Hoff	10 Osseo	2:39.30	2:39.16	1
22 Ava Kehr	11 Coon Rapids	2:40.33	2:39.60	3
23 Tatum Liebke	11 Centennial	2:40.98	2:41.95	3
24 Breanna Hetchler	12 Rogers	2:47.92	2:45.70	2
25 Kaylee Buerman	9 Osseo	2:39.99	2:46.01	2
26 Teagan Gillard	9 Spring Lk Pk/St.	2:50.24	2:46.09	2
27 Mikayla Poppe	12 Centennial	2:44.40	2:46.33	2
28 Siri Stolen	9 Irondale	2:41.99	2:46.69	2
29 Amayramy Ruiz Barrios	10 Fridley	2:56.24	2:47.72	2
30 Sakhi Gautam	12 Blaine	2:54.00	2:49.72	2
31 Mckenzie Keane	9 Totino-Grace	2:47.48	2:50.63	3
32 Lorelei Ibeling	7 Rogers	2:48.58	2:51.51	1
33 Annika Robertson	7 Irondale	2:46.49	2:53.02	3
34 Maura Wahl	10 Champlin Park	2:56.77	2:54.09	3
35 Rachel Miller	10 Champlin Park	2:51.23	2:54.79	3
36 Jocelyn Ingvaldson	12 Coon Rapids	2:55.49	2:55.73	1
37 Gabrielle Wahl	10 Champlin Park	3:01.24	2:57.29	3
38 Akala Lowe	11 Coon Rapids	2:53.54	3:01.47	3
39 Abigail Egerstrom	8 Park Center	3:02.38	3:05.08	2
40 Isabel Hernandez Monroy	9 Columbia Heights	3:14.63	3:52.56	1
-- Zeinab Jalloh	9 Park Center	3:44.39	SCR	2
-- Lidya Kennedy	10 Columbia Heights	3:20.62	SCR	1
-- Cosette Henrikson	10 Fridley	2:55.81	SCR	1
-- Lilah Bergan	10 Columbia Heights	2:48.26	SCR	1

Girls 800 Meter Run

Meet: M 2:14.51 6/1/2012 Maddi Sjelin, St. Michael-
 2:14.88 QUAL

Name	Year School	Prelims	Finals	Points
Finals				
1 Emilie Meyer	12 Totino-Grace	2:22.54	2:16.30	12
2 Alexa Davis	11 Osseo	2:26.79	2:20.76	10
3 Shalom Sulungaine	10 Blaine	2:25.50	2:22.52	8
4 Lauren Kath	9 Mounds View	2:27.31	2:27.35	6
5 Abigail Oakland	8 Maple Grove	2:27.09	2:27.36	5

6	Eva Barsness	11	Mounds View	2:28.23	2:29.09	4
7	Ella Herbert	11	Mounds View	2:31.41	2:29.79	3
8	Emma Windingland	10	St. Michael-Albe	2:31.52	2:31.87	2
9	Kalli Smith	12	Maple Grove	2:30.75	2:32.56	1
10	Rebecca Immer	10	St. Michael-Albe	2:31.34	2:34.53	
11	Abigail Namukwaya	9	Anoka	2:33.85	2:38.45	
12	Lily Chabica	11	Maple Grove	2:29.99	2:39.01	

Girls 1600 Meter Run

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Meet: M 5:01.45		2015	Rachel King, St. Michael-Albe			
		5:02.62	QUAL			
Name	Year	School	Seed	Finals	H#	Points
=====						
1	Alexandra Weimer	11	St. Michael-Albe	4:56.60	4:57.23MQUAL	2 12
2	Abby Hibbs	8	Champlin Park	5:21.62	5:14.77	2 10
3	Elizabeth VanLoon	11	Irondale	5:14.51	5:18.98	2 8
4	Juliana Davis	9	Osseo	5:22.94	5:20.54	2 6
5	Kaelyn Nelson	9	Anoka	5:14.07	5:23.12	2 5
6	Kaitlyn Finnegan	11	Spring Lk Pk/St.	5:20.47	5:25.17	2 4
7	Anna Eich	12	Rogers	5:30.43	5:25.26	2 3
8	Avery O'Rourke	10	St. Michael-Albe	5:26.31	5:28.85	2 2
9	Abby Wood	9	Centennial	5:31.86	5:30.80	2 1
10	Malaina Brodin	8	Mounds View	5:36.59	5:38.37	2
11	Vayda Foy	9	Champlin Park	5:37.23	5:38.85	2
12	Ava Moen	10	Mounds View	5:47.40	5:45.95	2
13	Olivia Hoyhtya	11	Mounds View	5:42.34	5:47.83	2
14	Lauren Swanson	11	Centennial	5:45.65	5:48.61	2
15	Kelsey Huver	11	Blaine	5:50.57	5:48.90	1
16	Ellie Grossman	9	Champlin Park	5:48.40	5:49.19	2
17	Elise Behr	8	Maple Grove	5:44.00	5:49.41	2
18	Sarah Redepenning	10	Anoka	5:53.42	5:51.80	1
19	Natalie Laurance	8	Maple Grove	5:46.38	5:51.99	2
20	Julia Zalewski	9	Centennial	5:46.01	5:52.42	2
21	Kelsey Young	8	Maple Grove	5:46.39	5:55.03	2
22	Kaela Traugott	10	Rogers	5:54.80	5:56.10	1
23	Erin Pipp	9	St. Michael-Albe	5:52.09	5:57.80	1
24	Samantha Solboe	10	Spring Lk Pk/St.	5:58.53	5:58.60	1
25	Signe Johnson	11	Spring Lk Pk/St.	6:02.24	5:59.30	1
26	Jazmyn Christen	11	Osseo	5:55.34	6:01.30	1
27	Sibley Boyum	11	Irondale	5:50.22	6:03.30	1
28	Teresa Shah	9	Osseo	5:59.16	6:11.10	1
29	Alyssa Blake	12	Blaine	5:58.49	6:17.40	1
30	Ingrid Norquist	10	Anoka	6:07.20	6:19.10	1
31	Jordyn Lang	12	Blaine	6:14.99	6:28.90	1
32	Mackenzie Martin	12	Irondale	6:21.23	6:29.00	1
33	Maria Hanauska	9	Rogers	6:21.17	6:29.80	1

Girls 3200 Meter Run

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Section 2 @ 11:15AM						
Section 1 @ 1:10PM						
Meet: M 10:49.22		2003	Lisa Waananen, Maple Grove			
		10:53.47	QUAL			
Name	Year	School	Seed	Finals	H#	Points
=====						
1	Alexandra Weimer	11	St. Michael-Albe	10:45.81	10:33.32MQUAL	2 12
2	Abby Hibbs	8	Champlin Park	11:13.68	11:03.48	2 10
3	Elizabeth VanLoon	11	Irondale	11:17.89	11:30.98	2 8
4	Juliana Davis	9	Osseo	11:31.40	11:32.55	2 6
5	Lindsey Young	11	Maple Grove	11:28.81	11:34.16	2 5
6	Kaelyn Nelson	9	Anoka	11:23.50	11:39.59	2 4
7	Taylor Isabel	10	Mounds View	11:26.67	11:47.04	2 3
8	Anna Eich	12	Rogers	11:57.80	11:53.94	2 2
9	Margaret Grossman	12	Champlin Park	11:59.51	12:11.57	2 1
10	Abby Wood	9	Centennial	11:59.70	12:14.00	2
11	Olivia Hoyhtya	11	Mounds View	12:09.92	12:18.77	2
12	Kaitlyn Finnegan	11	Spring Lk Pk/St.	11:51.24	12:28.43	2
13	Malaina Brodin	8	Mounds View	11:54.01	12:28.78	2
14	Elise Behr	8	Maple Grove	12:20.84	12:28.92	2

15	Natalie Cocking	10	St. Michael-Albe	12:18.00	12:44.46	2
16	Sarah Redepenning	10	Anoka	12:33.40	12:46.57	1
17	Makaela Malin	9	St. Michael-Albe	12:12.14	12:47.64	2
18	Elise Oldroyd	10	Champlin Park	12:23.21	12:57.09	2
19	Samantha Solboe	10	Spring Lk Pk/St.	12:39.18	13:09.64	1
20	Caroline Ringsmuth	11	Maple Grove	12:39.81	13:11.48	1
21	Tatum Liebke	11	Centennial	12:33.04	13:24.57	1
22	Kelsey Huver	11	Blaine	12:54.24	13:33.04	1
23	Ilsa Hoaglund	12	Coon Rapids	12:29.42	13:33.13	2
24	Alyssa Blake	12	Blaine	13:06.11	13:40.96	1
25	Adriana Potts	11	Blaine	13:16.57	13:42.06	1
26	Teresa Shah	9	Osseo	12:57.91	13:46.17	1
27	Zoe Hoaglund	12	Coon Rapids	12:57.00	14:01.92	1
28	Mikaela Hetchler	10	Rogers	13:29.50	14:03.66	1
29	Annie Mraz	12	Totino-Grace	13:35.48	14:05.80	1
30	Ava Nibbelink	9	Centennial	12:57.96	14:24.73	1
31	Julie Hedlund	11	Coon Rapids	13:14.80	14:32.64	1
32	Emma Houfek	10	Osseo	13:56.65	14:33.29	1
33	Maria Hanauska	9	Rogers	13:55.74	15:12.75	1
34	Abigail Ostrander	8	Anoka	13:44.35	15:17.67	1
--	Autumn VanDenTop	12	Spring Lk Pk/St.	13:24.24	SCR	

Girls 100 Meter Hurdles

9 Advance: Top 1 Each Heat plus Next 4 Best Times
 Meet: M 14.21 5/30/2014 Alexandra Williams, Blaine
 14.89 QUAL

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	Kennedy Martinson	10	Coon Rapids	14.91	14.89QQUAL	NWI 1
2	Tashina Beyioku-Alase	12	Champlin Park	15.42	15.12Q	NWI 3
3	Grace Brandt	10	Spring Lk Pk/St.	15.40	15.39Q	NWI 2
4	Narindwa Semakula	11	Irondale	15.75	15.61Q	NWI 5
5	Mary Keleekai	11	Anoka	15.64	15.72Q	NWI 4 15.718
6	Emma Duerr	11	St. Michael-Albe	15.83	15.72q	NWI 5 15.711
7	Burnices Barlue	12	Osseo	16.73	16.34q	NWI 4 16.339
8	Emilynn Molesky	10	St. Michael-Albe	16.80	16.34q	NWI 3 16.340
9	Anika Shequin	12	Spring Lk Pk/St.	17.39	16.80q	NWI 3
10	Hailey Nelson	10	Mounds View	17.21	16.99	NWI 2
11	Kaitlyn Braun	12	St. Michael-Albe	17.23	17.56	NWI 1
12	Sylvia Gitamo	10	Anoka	18.00	17.96	NWI 5
13	Anna Zigman	11	Maple Grove	17.26	18.01	NWI 1
14	Julieanne Knutsen	10	Spring Lk Pk/St.	18.87	18.06	NWI 5
15	Erin Hall	10	Maple Grove	17.35	18.12	NWI 2
16	Jenna Kalevik	12	Rogers	18.06	18.26	NWI 4
17	Linnea Noeldner	10	Osseo	18.56	18.63	NWI 1
18	Valencia Morris	11	Osseo	18.42	18.68	NWI 2
19	Kennedi Dudley	10	Columbia Heights	18.72	18.72	NWI 3
20	Siena Maciej	10	Maple Grove	18.87	18.84	NWI 4
21	Kristy Achu-Chick	9	Rogers	18.50	18.91	NWI 2
22	Caroline Galas	11	Mounds View	19.31	18.97	NWI 3
23	Wilhelmina Donald	12	Blaine	18.53	19.02	NWI 1
24	Freda Payne	12	Blaine	18.67	19.07	NWI 4
25	Alyssa Draheim	10	Centennial	19.35	19.35	NWI 4
26	Amanda Doe	10	Anoka	19.21	19.49	NWI 2
27	Jordan Seery	12	Champlin Park	19.66	19.77	NWI 1
28	Laya Robertson	7	Rogers	18.50	19.96	NWI 3
29	Anna Peterson	10	Centennial	19.44	19.97	NWI 1
30	Sophie Ables	7	Coon Rapids	20.18	20.45	NWI 3
31	Kathryn Grubisch	12	Centennial	20.94	20.50	NWI 5
32	Marvelous Onwualo	10	Blaine	19.03	20.97	NWI 5
33	Grace Wynia	11	Irondale	20.53	21.24	NWI 2
34	Celeste Mammah	9	Coon Rapids	21.23	21.39	NWI 4
35	Aubree Klein	10	Mounds View	19.79	22.09	NWI 4
36	Haniyah Dabney	9	Park Center	23.16	22.30	NWI 3
37	Osasere Enahoro	9	Park Center	24.23	26.51	NWI 2
--	Isabel Hernandez Monroy	9	Columbia Heights	28.58	DQ	NWI 1
--	Tiana Kral	10	Columbia Heights	20.70	SCR	NWI 5

Girls 100 Meter Hurdles

Meet: M 14.21 5/30/2014 Alexandra Williams, Blaine
14.89 QUAL

Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1 Kennedy Martinson	10	Coon Rapids	14.89	14.59 QUAL	1.8	12
2 Tashina Beyioku-Al	12	Champlin Park	15.12	14.98	1.8	10
3 Grace Brandt	10	Spring Lk Pk/St.	15.39	15.19	1.8	8
4 Mary Keleekai	11	Anoka	15.72	15.34	1.8	6
5 Narindwa Semakula	11	Irondale	15.61	15.47	1.8	5
6 Emma Duerr	11	St. Michael-Albe	15.72	15.69	1.8	4
7 Emilyynn Molesky	10	St. Michael-Albe	16.34	16.26	1.8	3
8 Burnices Barlue	12	Osseo	16.34	16.37	1.8	2
9 Anika Shequin	12	Spring Lk Pk/St.	16.80	16.65	1.8	1

Girls 300 Meter Hurdles

9 Advance: Top 1 Each Heat plus Next 4 Best Times
Meet: M 43.43 2015 Julia Hayes, Irondale
44.57 QUAL

Name	Year	School	Seed	Prelims	H#
Preliminaries					
1 Grace Brandt	10	Spring Lk Pk/St.	44.95	45.13Q	1
2 Kennedy Martinson	10	Coon Rapids	46.01	46.46Q	2
3 Anika Shequin	12	Spring Lk Pk/St.	48.11	47.22Q	4
4 Emma Duerr	11	St. Michael-Albe	48.11	47.24Q	5
5 Hannah Kvant	10	St. Michael-Albe	47.82	48.10Q	3
6 Stephenie Kemo	11	Blaine	49.06	48.34q	5
7 Valencia Morris	11	Osseo	50.11	49.34q	3
8 Kaitlyn Braun	12	St. Michael-Albe	50.01	50.07q	4
9 Aubree Klein	10	Mounds View	52.69	50.10q	3
10 Marvelous Onwualo	10	Blaine	50.37	50.22	2
11 Gabrielle Parker	10	Maple Grove	51.54	50.66	4
12 Narindwa Semakula	11	Irondale	50.45	50.89	1
13 Amanda Doe	10	Anoka	52.34	50.91	3
14 Caroline Galas	11	Mounds View	52.66	50.92	1
15 Anna Zigman	11	Maple Grove	50.46	51.45	1
16 Aubrey Steel	7	Maple Grove	51.77	51.55	5
17 Jordan Seery	12	Champlin Park	53.39	51.84	1
18 Kathryn Grubisch	12	Centennial	54.97	52.77	3
19 Wilhelmina Donald	12	Blaine	51.12	53.11	3
20 Linnea Noeldner	10	Osseo	53.61	53.17	5
21 Kaitlyn Staut	10	Spring Lk Pk/St.	51.79	53.35	5
22 Hailey Nelson	10	Mounds View	50.98	53.35	2
23 Ella Voorhees	11	Totino-Grace	52.14	53.73	4
24 Kristy Achu-Chick	9	Rogers	52.62	53.74	2
25 Adyson Janacek	10	Centennial	53.44	53.79	4
26 Haniyah Dabney	9	Park Center	1:00.40	55.10	4
27 Calleigh Harris	10	Anoka	53.72	55.16	5
28 Noelle Flaschberger	11	Centennial	55.64	55.85	1
29 Laya Robertson	7	Rogers	56.67	57.85	1
30 Ruby Engel	11	Osseo	53.98	58.84	4
31 Grace Wynia	11	Irondale	59.17	59.68	2
32 Osasere Enahoro	9	Park Center	1:04.72	1:09.30	5
-- Sophie Ables	7	Coon Rapids	58.78	DNF	3
-- Isabel Hernandez Monroy	9	Columbia Heights		DQ	4
-- Melat Mezgebe	8	Columbia Heights		SCR	2
-- Kalise Lewis	8	Columbia Heights		SCR	3
-- Endia Fairrow	11	Champlin Park	53.00	SCR	2
-- Rakeya Eastman	12	Park Center	55.19	SCR	2
-- Nina Weimholt		Coon Rapids	1:05.14	SCR	5

Girls 300 Meter Hurdles

Meet: M 43.43 2015 Julia Hayes, Irondale
44.57 QUAL

Name	Year	School	Prelims	Finals	Points
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Finals

1	Grace Brandt	10	Spring Lk Pk/St.	45.13	44.27	QUAL	12
2	Anika Shequin	12	Spring Lk Pk/St.	47.22	46.18		10
3	Kennedy Martinson	10	Coon Rapids	46.46	46.57		8
4	Emma Duerr	11	St. Michael-Albe	47.24	46.84		6
5	Hannah Kvant	10	St. Michael-Albe	48.10	47.95		5
6	Kaitlyn Braun	12	St. Michael-Albe	50.07	49.45		4
--	Valencia Morris	11	Osseo	49.34	DNF		
--	Aubree Klein	10	Mounds View	50.10	SCR		
--	Stephenie Kemo	11	Blaine	48.34	SCR		

Girls 4x100 Meter Relay

Meet: M 48.15 2004 Mpls Washburn, Mpls Washburn
 49.18 QUAL

School	Seed	Finals	H#	Points
1 St. Michael-Albertville	49.54	49.10 QUAL	2	12
1) Gabriella Keefer 8	2) Olivia Peal 10			
3) Raina Simat 9	4) Aaliyah Heine 12			
2 Spring Lk Pk/St. Anthony Villa	50.16	50.15	2	10
1) Addison Stephani 11	2) Grace Brandt 10			
3) Victoria LaBerge 11	4) Charis Lawson 12			
3 Anoka	51.14	50.19	2	8
1) Mary Keleekai 11	2) Elange Seibure 11			
3) Danielle Urey 10	4) Allison Hookom 11			
4 Park Center	51.84	50.92	2	6
1) Shynika Chatman 8	2) Laubental Ben 9			
3) Arlena Newman 11	4) Shadaizhalynn Chatman 11			
5 Champlin Park	50.40	51.00	2	5
1) Hannah Horton 10	2) Tashina Beyioku-Alase 12			
3) Royanna Whicker 11	4) Kari Bork 10			
6 Blaine	51.10	51.77	2	4
1) Sarah Rud 9	2) Averi Wiege 10			
3) Allie Bingle 10	4) Desiree Loyd 10			
7 Maple Grove	51.05	52.02	2	3
1) Madeline Raymond 10	2) Laci McClure 10			
3) Marissa Wentland 10	4) Ella Williams 10			
8 Osseo	52.68	52.50	2	2
1) Valencia Morris 11	2) La'Myjah Tenhoff 10			
3) Danielle Saydee 10	4) Mercy Zelee 12			
9 Fridley	53.20	53.38	1	1
1) Kyla Harris 10	2) Santrice Rodriguez 12			
3) Juliana Harris 11	4) Arriell Demry 10			
10 Rogers	53.43	53.64	1	
1) Keyanna Graves 7	2) Jennifer Heilman 9			
3) Joy Olowo 10	4) Keiarre Walker 8			
11 Centennial	53.36	54.14	1	
1) Maddie Haider 10	2) Aspen Gray 9			
3) Hailey Helvig 11	4) Adyson Janacek 10			
12 Irondale	53.98	55.22	1	
1) Mike'Kayla Thomas 10	2) Jazmyn Bravo 11			
3) Nia Randle-James 11	4) Baridilo Natere 12			
13 Coon Rapids	56.42	56.98	1	
1) Kaylee Smith 9	2) Rennel Cooper 11			
3) Kania Cummings 9	4) Precious Railey 9			
14 Totino-Grace	55.24	59.35	1	
1) Abby Embacher 12	2) Jordyn Svihel 10			
3) Mary Strong 10	4) Margeaux Voorhees 9			
-- Mounds View	50.02	DQ	2	
1) Sangai Dukuly 12	2) Camille Tran 10			
3) Kylie Stromquist 12	4) Thia Olson-Skog 8			

Girls 4x200 Meter Relay

Meet: M 1:40.76 2004 Mpls Washburn, Mpls Washburn
 1:43.41 QUAL

School	Seed	Finals	H#	Points
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1	Park Center	1:46.45	1:45.01	2	12
	1) Shadaizhalynn Chatman 11	2) Laubental Ben 9			
	3) Shynika Chatman 8	4) Laubenra Ben 11			
2	St. Michael-Albertville	1:46.55	1:46.48	2	10
	1) Gabriella Delgado 9	2) Gabriella Keefer 8			
	3) Jacqueline Bergeron 9	4) Hannah Kvant 10			
3	Maple Grove	1:49.36	1:47.31	2	8
	1) Delanie Siewert 12	2) Madeline Raymond 10			
	3) Marissa Wentland 10	4) Ella Williams 10			
4	Blaine	1:49.47	1:48.66	2	6
	1) Ella Frieling 10	2) Brianna Fleek 11			
	3) Averi Wiege 10	4) Desiree Loyd 10			
5	Mounds View	1:47.73	1:50.70	2	5
	1) Sangai Dukuly 12	2) Camille Tran 10			
	3) Kylie Stromquist 12	4) Ivy Nystrom 7			
6	Osseo	1:55.81	1:51.16	1	4
	1) Kyndall Thomas 12	2) Danielle Saydee 10			
	3) La'Myjah Tenhoff 10	4) Sabrina Wesseh 10			
7	Champlin Park	1:53.00	1:51.76	1	3
	1) Hannah Horton 10	2) Royanna Whicker 11			
	3) Kari Bork 10	4) Nyomi Charleston 12			
8	Fridley	1:52.62	1:52.11	2	2
	1) Kyla Harris 10	2) Santrice Rodriguez 12			
	3) Juliana Harris 11	4) Brandi Washington 8			
9	Coon Rapids	1:52.34	1:52.25	2	1
	1) Rory Ruotsinoja 11	2) Alsita Suah 10			
	3) Belinda Griffth 11	4) Mikayla De Souza 10			
10	Spring Lk Pk/St. Anthony Villa	1:51.31	1:52.52	2	
	1) Linnea Cary 9	2) Nevaeh Coffey 9			
	3) Anika Shequin 12	4) Megan Monsrud 11			
11	Rogers	1:52.71	1:53.12	2	
	1) Anya Schmidt 8	2) Keyanna Graves 7			
	3) Elizabeth Ikubese 8	4) Keiarre Walker 8			
12	Anoka	1:53.80	1:55.15	1	
	1) Danielle Urey 10	2) Abigail Leaf 9			
	3) Amanda Doe 10	4) Arthurline Quaqua 10			
13	Centennial	1:57.32	1:55.20	1	
	1) Maddie Haider 10	2) Mackenzie Sawvel 10			
	3) Hailey Helvig 11	4) Adyson Janacek 10			
14	Irondale	1:57.54	1:57.66	1	
	1) Mike'Kayla Thomas 10	2) Lyric Richardson-Smith 7			
	3) Sadie Rodgers 9	4) Megan Ellingson 12			
15	Totino-Grace	1:58.05	1:59.99	1	
	1) Abby Embacher 12	2) Jordyn Svihel 10			
	3) Isabella Menchen 10	4) Margeaux Voorhees 9			
--	Columbia Heights	2:16.57	SCR	1	
	1) Olivia Warbler 10	2) Melissa Torres 9			
	3) Heaven Gg 10	4) Angelina Gonzalez 10			

Girls 4x400 Meter Relay

Meet: M 3:56.95 2009 Mounds View, MoundsView
M Shelendich, E Toninato, L Hanson, K Bethke
3:59.09 QUAL

School	Seed	Finals	H#	Points
1 Totino-Grace	4:13.96	4:07.73	2	12
1) Keely McSherry 11	2) Itoro Etuko 9			
3) Molly Vance 10	4) Emilie Meyer 12			
2 Maple Grove	4:10.80	4:10.52	2	10
1) Allison Stacy 9	2) Anna Zigman 11			
3) Abigail Oakland 8	4) Jordyn Borsch 10			
3 Mounds View	4:11.58	4:11.35	2	8
1) Kate Roeber 8	2) Sangai Dukuly 12			
3) Ivy Nystrom 7	4) Magnolia Taylor 9			
4 Blaine	4:19.15	4:18.13	2	6
1) Ella Frieling 10	2) Anna Couwenhoven 11			
3) Kailey Perreault 11	4) Shalom Sulungaine 10			
5 St. Michael-Albertville	4:15.60	4:18.63	2	5
1) Emma Windingland 10	2) Adelyn Kennedy 9			

3) Keagan Burke 9	4) Alexandra Weimer 11		
6 Rogers	4:26.42 4:22.14	1	4
1) Aleeyah Graves 7	2) Anna Cargill 11		
3) Anna Eich 12	4) Abigail Hanks 9		
7 Irondale	4:18.54 4:26.15	2	3
1) Emily Ellingson 10	2) Elizabeth VanLoon 11		
3) Baridilo Natere 12	4) Narindwa Semakula 11		
8 Osseo	4:21.30 4:26.68	2	2
1) Mercy Zelee 12	2) Burnices Barlue 12		
3) Juliana Davis 9	4) Alexa Davis 11		
9 Centennial	4:23.14 4:26.71	2	1
1) Addison Van Zee 9	2) Claire Zandstra 9		
3) Emily Anderson 11	4) Emilia Lauinger 9		
10 Anoka	4:18.50 4:28.09	2	
1) Evyn Eppinga 9	2) Hannah Hookom 10		
3) Abigail Leaf 9	4) Alicia Blesi 10		
11 Spring Lk Pk/St. Anthony Villa	4:30.12 4:30.13	1	
1) Brianna Kiriago 11	2) Linnea Cary 9		
3) Kaitlyn Finnegan 11	4) Laila Totushek 8		
12 Champlin Park	4:49.00 4:38.38	1	
1) Carissa Brue 9	2) Vayda Foy 9		
3) Grace Baker 9	4) Anna Marsolek 11		
-- Fridley	4:27.93 SCR		
1) Juliana Harris 11	2) Santrice Rodriguez 12		
3) Kyla Harris 10	4) Brandi Washington 8		

Girls 4x800 Meter Relay

Meet: M 9:23.21 6/3/2016 Anoka, Anoka
 I Brezinka, M Kalkman, S Paulson, T Krone
 9:22.60 QUAL

School	Seed	Finals	Points
1 Mounds View	9:57.13	9:47.55	12
1) Kate Roeber 8	2) Magnolia Taylor 9		
3) Taylor Isabel 10	4) Lauren Kath 9		
2 Maple Grove	9:47.91	9:52.10	10
1) Kalli Smith 12	2) Lindsey Young 11		
3) Lily Chabica 11	4) Abigail Oakland 8		
3 St. Michael-Albertville	9:58.70	10:27.23	8
1) Rebecca Immer 10	2) Madelynn Hanson 12		
3) Elise Linneman 9	4) Avery O'Rourke 10		
4 Anoka	10:55.24	10:50.55	6
1) Abigail Namukwaya 9	2) Ingrid Norquist 10		
3) Olivia Goddard 9	4) Hannah Hookom 10		
5 Spring Lk Pk/St. Anthony Villa	10:42.73	10:56.27	5
1) Natalie Zielsdorf 11	2) Autumn VanDenTop 12		
3) Claire VanDenTop 12	4) Maia Hernandez 11		
6 Osseo	10:54.33	10:56.89	4
1) Ariam Aman 10	2) Maria Hoff 10		
3) Kaylee Buerman 9	4) Stevie Harris 7		
7 Champlin Park	10:58.64	10:57.97	3
1) Lexy Beer 10	2) Anna Marsolek 11		
3) Ashlyn Murphy 12	4) Cassidy Tanner 12		
8 Coon Rapids	10:50.69	11:03.40	2
1) Ava Kehr 11	2) Zoe Hoaglund 12		
3) Stella Bone	4) Ilsa Hoaglund 12		
9 Centennial	10:33.24	11:19.34	1
1) Emma Magnuson 10	2) Mikayla Poppe 12		
3) Brooke Schmidt 9	4) Jacklyn Roldan-Pena 12		
10 Blaine	11:14.34	11:39.66	
1) Sakhi Gautam 12	2) Mariah Olson-Hernandez 10		
3) Adriana Potts 11	4) Jordyn Lang 12		

Girls High Jump

Meet: M 5-11 5/29/2019 Madison Schmidt, Blaine
 5-05.00 QUAL

Name	Year School	Seed	Finals	Points
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1	Megan Monsrud	11 Spring Lk Pk/St.	5-02.00	5-02.00	12
	4-09 4-11 5-01 5-02 5-03				
	O O O O XXX				
2	Alyssa Draheim	10 Centennial	5-00.00	5-02.00	10
	4-07 4-09 4-11 5-01 5-02 5-03				
	O O O XO XXO XXX				
3	Tashina Beyioku-Al	12 Champlin Park	5-02.00	4-11.00	8
	4-09 4-11 5-01				
	XO O XXX				
4	Leah Dengerud	11 Totino-Grace	4-10.00	4-11.00	6
	4-07 4-09 4-11 5-01				
	O O XO XXX				
5	Danielle Urey	10 Anoka	4-08.00	4-09.00	4.50
	4-07 4-09 4-11				
	O O XXX				
5	Linaya Swenson	11 Centennial	4-08.00	4-09.00	4.50
	4-07 4-09 4-11				
	O O XXX				
7	Riley Ruhland	10 Blaine	4-10.00	4-09.00	3
	4-07 4-09 4-11				
	XO O XXX				
8	Sydney Reining	9 Rogers	4-10.00	4-09.00	0.75
	4-07 4-09 4-11				
	O XO XXX				
8	Hannah Horton	10 Champlin Park	4-10.00	4-09.00	0.75
	4-07 4-09 4-11				
	O XO XXX				
8	Sophia Ohmann	9 Mounds View	4-08.00	4-09.00	0.75
	4-07 4-09 4-11				
	O XO XXX				
8	Jada Dahlheimer	9 St. Michael-Albe	4-10.00	4-09.00	0.75
	4-07 4-09 4-11				
	O XO XXX				
12	Araya Benson-Mitch	9 Osseo	4-08.00	4-09.00	
	4-07 4-09 4-11				
	XO XXO XXX				
13	Marvelous Onwualo	10 Blaine	4-10.00	4-09.00	
	4-07 4-09 4-11				
	XXO XXO XXX				
14	Valencia Morris	11 Osseo	4-08.00	4-07.00	
	4-07 4-09				
	O XXX				
14	Hailey Nelson	10 Mounds View	4-08.00	4-07.00	
	4-07 4-09				
	O XXX				
14	Sophia Mahnke	9 Rogers	5-00.00	4-07.00	
	4-07 4-09				
	O XXX				
14	Evyn Eppinga	9 Anoka	4-10.00	4-07.00	
	4-07 4-09				
	O XXX				
14	Anika Shequin	12 Spring Lk Pk/St.	4-10.00	4-07.00	
	4-07 4-09				
	O XXX				
14	Ellyana Prairie	8 Spring Lk Pk/St.	4-10.00	4-07.00	
	4-07 4-09				
	O XXX				
20	Jenna Kalevik	12 Rogers	4-08.00	4-07.00	
	4-07 4-09				
	XO XXX				
20	Autymn Norman	11 Maple Grove	4-06.00	4-07.00	
	4-07 4-09				
	XO XXX				
20	Marissa Albers	10 Maple Grove	4-04.00	4-07.00	
	4-07 4-09				
	XO XXX				
20	Sylvia Gitamo	10 Anoka	4-08.00	4-07.00	
	4-07 4-09				
	XO XXX				
24	Jocelyn Ingvaldson	12 Coon Rapids	4-06.00	4-07.00	

4-07	4-09				
XXO	XXX				
-- Heaven Gg		10 Columbia Heights	4-04.00		NH
4-07					
XXX					
-- Laurel Rolfs		12 Maple Grove	4-06.00		NH
4-07					
XXX					
-- Shalom Sulungaine		10 Blaine	4-10.00		NH
4-07					
XXX					
-- Danquyen Le		10 Columbia Heights	4-02.00		NH
4-07					
XXX					
-- Alexa Davis		11 Osseo	4-08.00		NH
4-07					
XXX					
-- Jacqueline Bergero		9 St. Michael-Albe	4-09.00		NH
4-07					
XXX					
-- Allyson Tyvoll		10 Mounds View	4-08.00		NH
4-07					
XXX					
-- Morgan McKinley		10 St. Michael-Albe	4-09.00		NH
4-07					
XXX					
-- Aaliyah Dumoulin		11 Columbia Heights	4-10.00		DQ
4-07	4-09	4-11	5-01	5-02	5-03
O	O	O	XO	O	XXX
-- Camryn Carver		11 Park Center	4-02.00		DNS
-- Rodiat Adeduntan		11 Park Center	4-04.00		DNS

Girls Pole Vault

Meet: M 13-06 6/1/2018 Julia Fixsen, Mounds View						
11-03.00 QUAL						
Name	Year	School	Seed	Finals	Points	
1 Sofia Condon	10	Anoka	11-06.00	11-07.00	QUAL	12
10-03	10-09	11-00	11-07	12-01		
O	XO	XO	XXO	XXX		
2 Brianna Schoenrock	12	Blaine	11-06.00	11-00.00		10
10-03	10-09	11-00				
O	O	XXO				
3 Charis Lawson	12	Spring Lk Pk/St.	11-06.00	10-09.00		8
10-03	10-09	11-00				
O	O	XXX				
4 Grace Kehr	11	Coon Rapids	10-00.00	10-03.00		6
9-09	10-03	10-09				
O	O	XXX				
5 Jaylyn Ahlberg	11	Mounds View	10-06.00	10-03.00		5
9-09	10-03	10-09				
O	XXO	XXX				
6 McKenna Myron	11	Anoka	10-00.00	9-09.00		4
8-09	9-03	9-09	10-03			
XO	O	O	XXX			
7 Alyssa Nehring	10	St. Michael-Albe	8-00.00	9-03.00		3
7-09	8-09	9-03	9-09			
O	O	O	XXX			
8 Jada Dahlheimer	9	St. Michael-Albe	8-00.00	9-03.00		2
7-09	8-09	9-03	9-09			
O	XO	O	XXX			
9 Margaret Anderson	12	Mounds View	9-00.00	9-03.00		1
7-09	8-09	9-03	9-09			
XO	O	XO	XXX			
10 Kaitlyn Staut	10	Spring Lk Pk/St.	9-00.00	8-09.00		
7-09	8-09	9-03				
O	O	XXX				
10 Riley Nordberg	12	Rogers	9-06.00	8-09.00		
7-09	8-09	9-03				

	O O XXX				
12	Gabriella Delgado	9 St. Michael-Albe	8-06.00	8-09.00	
	7-09 8-09 9-03				
	XO XXO XXX				
13	Paige Colson	11 Maple Grove	7-06.00	7-09.00	
	7-09 8-09				
	O XXX				
13	Adyson Janacek	10 Centennial	8-00.00	7-09.00	
	7-09 8-09				
	O XXX				
13	Tiffanie Huynh	9 Spring Lk Pk/St.	7-00.00	7-09.00	
	7-09 8-09				
	O XXX				
13	Averi Wiege	10 Blaine	9-00.00	7-09.00	
	7-09 8-09				
	O XXX				
17	Hannah Rask	12 Mounds View	8-00.00	7-09.00	
	7-09 8-09				
	XO XXX				
17	Rachel Kalevik	10 Rogers	7-00.00	7-09.00	
	7-09 8-09				
	XO XXX				
17	Haleigh Anderson	8 Rogers	7-00.00	7-09.00	
	7-09 8-09				
	XO XXX				
17	Macie Beall	9 Anoka	8-00.00	7-09.00	
	7-09 8-09				
	XO XXX				
17	Molly McNeil	11 Irondale	8-06.00	7-09.00	
	7-09 8-09				
	XO XXX				
22	Anna Peterson	10 Centennial	8-00.00	7-09.00	
	7-09 8-09				
	XXO XXX				
22	Jazmyn Bravo	11 Irondale	8-06.00	7-09.00	
	7-09 8-09				
	XXO XXX				
--	Danielle Schoenroc	12 Blaine	10-00.00	NH	
	9-03				
	XXX				
--	Kennedy Martinson	10 Coon Rapids	10-06.00	NH	
	9-09				
	XXX				
--	Sasha Kowalski	7 Maple Grove	7-00.00	NH	
	7-09				
	XXX				
--	Itunu Okusanya	11 Park Center	6-00.00	NH	
	7-09				
	XXX				
--	Angela Lathanavly	11 Park Center	6-00.00	NH	
	7-09				
	XXX				
--	Zoe Scheck	10 Coon Rapids	7-00.00	NH	
	7-09				
	XXX				
--	Maddie Haider	10 Centennial	7-06.00	NH	
	7-09				
	XXX				
--	Megan Lawrence	11 Irondale	7-00.00	NH	
	7-09				
	XXX				
--	Olivia Baldwin	12 Totino-Grace	6-00.00	DNS	
--	Julia Barton	11 Maple Grove	9-06.00	DNS	

Girls Long Jump

Meet: M 19-08.25 5/31/2017 Anna Keefer, St Michael A
17-07.00 QUAL

Name	Year	School	Seed	Finals	Wind H#	Points
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1	Delanie Siewert	12	Maple Grove	17-07.00	18-01.00	QUAL	1.4	1	12
2	Victoria LaBerge	11	Spring Lk Pk/St.	18-05.50	17-10.50	QUAL	2.3	4	10
3	Olivia Peal	10	St. Michael-Albe	17-07.75	17-09.50	QUAL	2.1	3	8
4	Brianna Fleek	11	Blaine	17-02.00	17-02.00		+0.0	3	6
5	Emily Anderson	11	Centennial	16-06.50	17-01.00		+0.0	3	5
6	Raina Simat	9	St. Michael-Albe	17-01.50	16-11.00		1.8	3	4
7	Burnices Barlue	12	Osseo	16-07.00	16-09.50		0.8	2	3
8	Addison Stephani	11	Spring Lk Pk/St.	15-11.00	16-06.25		2.2	4	2
9	Arthurline Quaqua	10	Anoka	15-04.00	16-00.00		1.1	1	1
10	Ella Voorhees	11	Totino-Grace	15-09.00	15-09.75		1.1	2	
11	Tashina Beyioku-Al	12	Champlin Park	16-00.00	15-09.00		+0.0	2	
12	Lizzy Rydberg	12	Mounds View	15-07.00	15-06.00		0.6	3	
12	Alivia Fenstra	10	Rogers	15-01.00	15-06.00		0.8	1	
12	Isabella Christens	11	St. Michael-Albe	16-01.25	15-06.00		+0.0	3	
15	Kylie Stromquist	12	Mounds View	15-09.00	15-04.00		0.7	3	
16	Shynika Chatman	8	Park Center	14-08.50	15-03.50		+0.0	4	
17	Mary Keleekai	11	Anoka	15-06.50	15-03.25		0.8	1	
18	Nevaeh Coffey	9	Spring Lk Pk/St.	15-10.50	15-02.50		2.0	4	
19	Hailey Nelson	10	Mounds View	14-11.00	15-00.75		1.6	3	
20	Abby Embacher	12	Totino-Grace	14-03.50	14-10.50		+0.0	2	
21	Breanna Hetchler	12	Rogers	15-01.50	14-10.00		0.7	1	
22	Josephine Daweah	11	Osseo	14-11.00	14-09.50		+0.0	2	
23	Ava Kehr	11	Coon Rapids	14-03.50	14-08.00		2.0	4	
24	Ava Lee	9	Maple Grove	15-00.00	14-07.50		1.1	1	
25	Grace Baker	9	Champlin Park	14-04.50	14-04.50		2.1	2	
26	Margeaux Voorhees	9	Totino-Grace	14-08.00	14-04.00		+0.0	2	
27	Anna Marsolek	11	Champlin Park	15-02.75	14-03.50		0.6	2	
28	Rory Ruotsinoja	11	Coon Rapids	14-05.00	14-03.25		2.3	4	
28	Mikayla De Souza	10	Coon Rapids	14-10.00	14-03.25		+0.0	4	
30	Molly McNeil	11	Irondale	14-08.00	14-03.00		1.1	1	
31	Allie Bingle	10	Blaine	14-08.00	14-00.00		+0.0	3	
32	Kyra Nelson	10	Osseo	14-00.50	13-08.00		+0.0	2	
32	Anna Peterson	10	Centennial	13-09.50	13-08.00		3.0	3	
34	Abigail Leaf	9	Anoka	13-07.50	13-07.75		0.9	1	
35	Olivia Spencer	11	Blaine	14-00.50	13-07.00		+0.0	3	
36	Kaylee Martin	11	Centennial	13-07.50	13-06.00		+0.0	3	
37	Kyliah Lewis	10	Park Center	14-05.00	13-04.00		+0.0	4	
38	Saniah Howard Reyn	10	Columbia Heights	12-07.00	13-03.00		1.3	4	
38	Mikaela Ysabel Pan	11	Maple Grove	14-10.00	13-03.00		0.8	1	
40	Danquyen Le	10	Columbia Heights	12-09.00	13-02.50		+0.0	4	
41	Carmen Jungels	8	Irondale	12-05.25	11-11.50		1.2	1	
42	Cecelia Heer	11	Irondale	12-03.50	11-01.00		0.9	1	
--	Lidya Kennedy	10	Columbia Heights	13-06.00		DQ	+0.0	4	
--	Brianna Villanti	10	Rogers	15-09.00		DQ	NWI	1	
--	Massa Massaquoi	10	Park Center	14-06.25		SCR	NWI	4	
--	Cosette Henrikson	10	Fridley	13-01.50		SCR	NWI	2	

Girls Triple Jump

Meet: M 37-07.50 5/31/2019 Tori LaBerge, Spring Lk Pk/St.
 Meet: M 37-07.50 2002 Kou Luogon, Park Center
 37-00.00 QUAL

Name	Year	School	Seed	Finals	Wind	H#	Points
1	Victoria LaBerge	11	Spring Lk Pk/St.	37-06.00	37-00.50	QUAL	NWI 4 12
2	Laubenra Ben	11	Park Center	38-05.75	36-08.75		NWI 4 10
3	Gabriella Keefer	8	St. Michael-Albe	36-04.00	35-09.00		1.0 3 8
4	Delanie Siewert	12	Maple Grove	35-11.25	35-08.50		0.5 1 6
5	Sangai Dukuly	12	Mounds View	35-04.75	35-02.25		1.1 3 5
6	Burnices Barlue	12	Osseo	35-04.00	34-05.00		0.7 2 4
7	Raina Simat	9	St. Michael-Albe	34-10.00	33-10.50		1.0 3 3
8	Mackenzie Monsrud	12	Spring Lk Pk/St.	33-08.00	33-07.00		NWI 4 2
9	Alsita Suah	10	Coon Rapids	31-06.00	32-08.50		NWI 4 1
10	Judsona Chea	9	St. Michael-Albe	34-03.75	32-07.25		0.9 3
10	Lizzy Rydberg	12	Mounds View	34-09.25	32-07.25		1.0 3
12	Brianna Fleek	11	Blaine	34-01.00	32-06.50		1.0 3
13	Grace Kehr	11	Coon Rapids	32-05.00	32-04.00		NWI 4
14	Arthurline Quaqua	10	Anoka	32-05.00	32-00.25		0.6 1
15	Alivia Fenstra	10	Rogers	32-00.00	31-11.25		0.9 1
16	Keiarre Walker	8	Rogers	32-03.00	31-10.75		1.0 1

17	Elange Seibure	11	Anoka	32-07.00	31-06.50	1.1	1
18	Linaya Swenson	11	Centennial	29-05.00	31-06.00	1.0	3
19	Allyson Tyvoll	10	Mounds View	31-09.00	31-05.50	0.9	3
20	Hallie Johnson	10	Spring Lk Pk/St.	30-08.00	31-01.25	NWI	4
21	Kyra Nelson	10	Osseo	28-10.00	31-01.00	0.7	2
22	Ava Lee	9	Maple Grove	30-11.75	30-08.00	1.0	1
22	Allie Bingle	10	Blaine	31-04.00	30-08.00	0.9	3
24	Breanna Hetchler	12	Rogers	31-09.00	30-07.50	1.0	1
25	Eryn Eppinga	9	Anoka	31-09.00	29-09.50	1.1	1
26	Abby Embacher	12	Totino-Grace	28-08.00	29-09.00	0.7	2
27	Ella Jaeger	12	Maple Grove	31-03.50	29-01.25	1.1	1
28	Sadie Rodgers	9	Irondale	28-11.00	28-08.50	1.0	1
29	Kari Bork	10	Champlin Park	28-04.25	28-04.50	0.7	2
30	Callista Lamott	12	Champlin Park	27-08.00	28-00.50	0.6	2
31	Jessica Russell	10	Totino-Grace	28-01.75	27-02.25	0.7	2
32	Grace Wynia	11	Irondale	26-06.00	26-04.50	0.9	1
33	Ruby Engel	11	Osseo	25-04.50	24-11.25	0.7	2
--	Rodiat Adeduntan	11	Park Center	25-08.00	SCR	NWI	
--	Anne Supina	9	Irondale	27-00.25	SCR	NWI	
--	Lucy Nguyen	10	Coon Rapids	26-08.25	SCR	NWI	

Girls Shot Put

Meet: M 43-01 2010		Emily Lesser, Maple Grove					
41-03.00		QUAL					
Name	Year	School	Seed	Finals	H#	Points	
1	Hadley Streit	11	Mounds View	39-04.00	41-00.25	3	12
2	Laila Lakanen	12	Anoka	38-09.00	39-07.50	1	10
3	Adison Kapitzke	11	Champlin Park	40-00.25	38-11.00	2	8
4	Emma Potratz	12	Spring Lk Pk/St.	35-05.25	37-02.50	4	6
5	Ashley Stewart	10	Spring Lk Pk/St.	38-05.75	37-00.00	4	5
6	Arabella Sutch	9	Spring Lk Pk/St.	34-00.00	36-06.00	4	4
7	Mackenzie Peterson	12	Champlin Park	35-06.00	35-11.50	2	3
8	Christine Duffy	12	Totino-Grace	34-05.75	35-03.75	2	2
9	Olivia Carel	12	St. Michael-Albe	36-09.25	35-03.25	3	1
10	Ainsley Arnold	12	Mounds View	34-04.00	35-00.50	3	
11	Sophia Kormann	12	Maple Grove	35-02.00	34-11.25	1	
12	Lydia Lakanen	9	Anoka	36-03.50	34-06.75	1	
13	Joem Wesseh	10	Osseo	33-10.00	34-05.75	2	
14	Marisa Ornat	12	St. Michael-Albe	34-05.50	34-04.25	3	
15	Melaina Hayes	11	Irondale	36-01.00	33-11.00	1	
16	Caraline Schlaefer	10	Totino-Grace	31-00.50	33-00.75	2	
17	Cecilia Sipple	11	St. Michael-Albe	33-04.50	32-10.25	3	
18	Megan Schlaefer	12	Totino-Grace	32-08.50	32-09.50	2	
19	Amarah McDonough	12	Osseo	31-00.00	32-06.25	2	
20	Isabelle Huss	11	Centennial	31-11.75	32-04.75	3	
21	Annais Bakpatina	12	Osseo	33-02.00	32-03.00	2	
22	Linaya Swenson	11	Centennial	33-09.00	32-01.25	3	
23	Temitope Oluwole	11	Blaine	31-07.00	31-11.00	3	
24	Josephine Gatto	12	Mounds View	35-10.50	31-07.50	3	
25	Jamie Kerkvliet	11	Rogers	31-08.75	31-06.25	1	
26	Anya Schmidt	8	Rogers	29-09.50	30-11.25	1	
27	Erica Wright	10	Blaine	32-05.00	30-10.25	3	
28	Audrey Kormann	10	Maple Grove	29-08.50	30-06.50	1	
29	Sydney Augustin	11	Centennial	30-10.00	30-05.25	3	
30	Aurora Rossiter	11	Irondale	29-02.00	29-02.00	1	
31	Grace Morphew	9	Anoka	30-08.75	28-09.00	1	
32	Lindsey Reise	10	Champlin Park	30-03.00	28-07.50	2	
33	Marilyn Mangue	9	Coon Rapids	28-05.00	28-07.25	4	
34	Caroline Scheid	9	Irondale	28-00.00	28-05.50	1	
35	Saniah Howard Reyn	10	Columbia Heights	25-09.00	27-02.75	4	
36	Grace Dolo	9	Park Center	24-11.50	25-05.50	4	
37	Suliyat Adewale	9	Blaine	26-10.00	25-00.50	3	
38	Emerson Whittemore	10	Park Center	25-09.00	24-09.50	4	
39	Samantha Cooper	8	Rogers	24-10.50	24-04.25	1	
40	Ashley Jo Wiitanen	12	Coon Rapids	24-02.00	23-00.25	4	
41	Amelia Siewert	9	Maple Grove	21-10.00	22-04.00	1	
42	Macy English	9	Coon Rapids	21-04.00	20-09.25	4	
--	Rayvet Gono	10	Fridley	22-02.50	SCR	2	

Girls Discus Throw

Meet: M 143-05 2004 Lillian Painter, Cooper
 130-09 QUAL

Name	Year	School	Seed	Finals	H#	Points
1 Adison Kapitzke	11	Champlin Park	142-09	132-06.00	QUAL	2 12
2 Melaina Hayes	11	Irondale	126-00	126-05.00		1 10
3 Ashley Stewart	10	Spring Lk Pk/St.	120-06	124-06.00		4 8
4 Hadley Streit	11	Mounds View	124-02	124-01.00		3 6
5 Arabella Sutch	9	Spring Lk Pk/St.	116-03	116-03.00		4 5
6 Kaja Holtz	12	Mounds View	115-07	109-00.00		3 4
7 Mackenzie Peterson	12	Champlin Park	101-07	103-07.00		2 3
8 Ava Larson	12	Champlin Park	114-01	103-01.00		2 2
9 Olivia Carel	12	St. Michael-Albe	96-10	102-09.00		3 1
10 Laila Lakanen	12	Anoka	116-05	101-10.00		1
11 Sophia Kormann	12	Maple Grove	111-03	101-02.00		1
12 Aveline Bullert	11	Mounds View	103-11	100-10.00		3
13 Annais Bakpatina	12	Osseo	110-08	98-04.00		2
14 Anya Schmidt	8	Rogers	108-03	97-07.00		1
15 Mya Krystosek	11	St. Michael-Albe	104-05	94-06.00		3
16 Aurora Rossiter	11	Irondale	88-08	94-05.00		1
17 Jamie Kerkvliet	11	Rogers	92-08	94-04.00		1
18 Sydney Augustin	11	Centennial	86-05	91-09.00		3
19 Lydia Lakanen	9	Anoka	89-00	89-08.00		1
20 Ruby Revier	11	Osseo	90-03	87-01.00		2
21 Emma Potratz	12	Spring Lk Pk/St.	91-03	85-06.00		4
22 Marilyn Mangué	9	Coon Rapids	77-00	84-10.00		4
23 Erica Wright	10	Blaine	80-04	84-02.00		3
24 Megan Schlaefer	12	Totino-Grace	99-10	81-03.00		2
25 Caraline Schlaefer	10	Totino-Grace	78-08	80-07.00		2
26 Grace Dolo	9	Park Center	80-00	79-08.00		4
27 Audrey Kormann	10	Maple Grove	78-00	79-06.00		1
28 Evelyn Thomson	12	Centennial	78-10	77-02.00		3
29 Christine Duffy	12	Totino-Grace	89-07	76-11.00		2
30 Melyssa Braesch	8	Rogers	69-10	76-09.00		1
31 Emerson Whittemore	10	Park Center	77-05	76-06.00		4
32 Chloe Peterson	9	St. Michael-Albe	87-00	75-03.00		3
33 Caroline Scheid	9	Irondale	73-02	74-11.00		1
34 Aisatou Mane	11	Osseo	86-02	74-09.00		2
35 Persia Glenn	9	Coon Rapids	80-08	74-04.00		4
36 Isabelle Huss	11	Centennial	84-10	74-01.00		3
37 Claire Leckner	10	Blaine	71-00	72-08.00		3
38 Grace Morphew	9	Anoka	86-07	69-09.00		1
39 Ashley Jo Wiitanen	12	Coon Rapids	75-11	69-02.00		4
40 Heaven Gg	10	Columbia Heights	70-01	68-00.00		4
41 Safiya Mohamed	11	Columbia Heights	66-09	65-03.00		4
42 Suliyat Adewale	9	Blaine	73-00	61-04.00		3
43 Amelia Siewert	9	Maple Grove	43-11	49-04.00		1
-- Rayvet Gono	10	Fridley	67-00	DNS		2